Hot Water as a Medicine.

A young man who was compelled to resign his position in one of the public schools of this city because he was breaking down with consumption, and who has ever since been battling for life, although with little apparent prospect of recovery, was encountered several days ago in a Broadway restaurant.

"I see," he said, "that you seem surprised at my improved appearance. No doubt you wondered what could have caused such a change. Well, it was a very simple remedy-nothing but hot

water." "Hot water?"

"Hot water?" "That's all. You remember my tell-ing you that I had tried all of the usual remedies. I consulted some of the lead-ing specialists in affections of the lungs in this city, and paid them large fees. They went through the usual course of component through the usual course of experimentation with me under all sorts of medicines. I went to the Adirondacks in the summer and to Florida in the winter; but none of these things did me any substantial good. I lost ground steadily, grew to be almost a skeleton, and had all the worst symptoms of a consumptive whose end is near at hand. At that juncture a friend told me that he had heard of cures being affected by

drinking hot water. "I consulted a physician who had paid special attention to this hot-water cure, and was using it with many patients. He said: "There is nothing you know, that is more difficult than to introduce a new remedy into madical practice. parand is more diment than to introduce a new remedy into medical practice, par-ticularly if it is a very simple one, and strikes at the root of erroneous views and prejudices that have long been entertained. The old school practi-tioners have tried for years to cure con-sumption, but they are as far from doing it as ever.

Now, the only rational explanation of consumption is that it results from de-fective nutrition. It is always accompanied be mal-assimilation of food. In nearly every case the stomach is the seat of a fermentation that necessarily seat of a fermentation that necessarily prevents proper digestion. The first thing to do is to remove that fermenta-tion, and put the stomach into a condi-tion to receive food and dispose of it properly. This is effected by taking water into the stomach, as hot as it can be borne, an hour before each meal. This leaves the stomach clean and pure, like a boiler that has been washed out. Then put into the stomach food that is Then put into the stomach food that is in the highest degree nutritious and the least disposed to fermentation. No food answers this description better than ten-derbeef. A little stale bread may be eaten with it. Drink nothing but pure water, and, as little of that at meals as possible. Vegetables, pastry, sweets, tea, coffee, and alcoholic liquor should be avoided. Put tender beef alone into a clean and pure stomach three times a day, and the system will be fortified and built up until the wasting away, that is the chief feature of consumption, ceases, and recuperation sets in. and recuperation sets in.'

and recuperation sets in." "This reasoning impressed me. I be-gan by taking one cup of hot water an nour before each meal, and gradually increased the dose to three cups. At first it was unpleasant to take, but now I drink it with a relish that I never ex-parison d in deiphing the height met for I drink it with a relish that I never ex-perienced in drinking the choicest wine. I began to pick up immediately after the new treatment, and gained fourteen pounds within two months. I have gained ground steadily in the trying cli-mate of New York; and I tell you, sir, I feel on a sure way to recovery."

standing near, and evidently listening to the conversation, turned to the teacher, and said: "This remedy of hot water drinking has attracted my attention for some time. It has been of immense service in relieving me of a terrible dys-pepsia that tormented me for many years. I tried numerous able physicians, and there is probably no medicine that is prescribed for such an ailment which was not given to me; but none of them

Skinny Men.

"Wells' Health Renewer" restores health and vigor, curesDyspepsia, Impotence, Sex-ual Debility. \$1.

New potatoes are now large enough to eat in Georgia.

Constitutional skin diseases of a scorbutic character are successfully treated with Dr. Benson's Skin Cure, internal and external treatment, both pleasant. It certainly re-moves scrofula, eruptions, dandruff and tan and makes the skin smooth and healthy.

Queen Victoria's knee is still stiff, but otherwise she is in favorable health.

For the complete cure of a cough, pains in the chest, difficulty of breathing, and all other lung diseases which tend to consump-tion, you will find Allen's Lung Balsam a complete remedy. Sold by all draggists.

Volcanic ashes have been falling at Droth-eim. Norway. It is supposed an eruption of Mount Hecla has occurred.

"Rough on Rats."

Clears out rats, mice, roaches, flies, ants, ned-bugs, skunks, chipmunks, gophers. 15c Druggists.

no longer from Dyspepsia, Indigestion, want of Appetite, loss of Strength lack of Energy, Malaria, Intermittent Fevers, &c. BROWN'S IRON BIT-TERS never fails to cure all these diseases.

Harrington & Simonds, Boston wool mer-hants, have suspended, with liabilities \$75,-

Boston, November 25, 1981.

Boston, November 25, 1981. BROWN CHEMICAL CO. Gentlemen :-- For years I have been agreat sufferer from Dyspepsia, and could get no relief (having tried everything which was recommend-ed) until, acting on the advice of a friend, who had been benefitted by BROWN'S IRON BITTERS, I tried a bottle, with most surprising results. Previous to taking BROWN'S IRON BITTERS, everything I ate distressed me, and I suffered greatly from a burning sensation in the stomach, which was unbearable. Since tak-ing BROWN'S IRON BITTERS, all my troubles are at an end. Can eat any time without any disagreeable re-sults. I am practically another person. Mrs. W. J. FLYNN, po Maverick Sit, E. Boston.

11 7 2

BROWN'S IRON BIT-TERS acts like a charm on the digestive organs, removing all dyspeptic symptoms, such as tasting the food, Belching, Heat in the Stomach, Heartburn, etc. The only Iron Preparation that will not blacken the teeth or give headache.

Sold by all Druggists.

Brown Chemical Co. Baltimore, Md.

ee that all Iron Bitters are made by Brown Chemical Co., Baltimore, and have crossed red lines and trade-mark on wrapper.

BEWARE OF IMITATIONS.



Strength and health go together. Obtain this happy physical state by using a bottle of Brown's Iron Bitters.

A Life Doubly Assured. A resident of Bangor, Maine, mentions in-cidentally that three months ago a New Eng-land life-insurance company refused to grant him a policy on the ground that he was con-sumptive. "But," he adds, "thanks to the healing properties of Hales Honey of Hore-hound and Tar, my lungs are now perfectly sound, and I yesterday passed a medical ex-amination, without any objection being made, and insured my life for \$5,000." Of druggist generally. druggists generally. Pike's Toothache Drops cure in one minute.

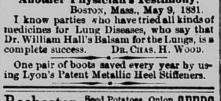
A pure, radiant complexion is one of wom-an's greatest charms. It is attainable by the daily use of Glenn's Sulphur Soap, which re-moves blemishes of the skin, of every description.

Preventive of Malarial Disease.

Preventive of Malarial Disease. Opinion of Eminent Dr. H. R. Walton, of Annapolis, Md. "Colden's Liquid Beef Tonic is a most ex-cellent preparation. It is, par excellence, su-perior to cod-liver oil or anything I have ever used in wasted or inpaired constitutions, and extremely beneficial as a preventive of mala-rial diseases." (Remember the name, Col-den's-take another.) Of druggists generally.

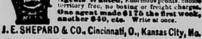
Rescued from Death. William J. Coughlin, of Somerville, Mass., says: In the fall of 1876, I was taken with bleeding of lungs followed by a severe cough. I lost my appetite and flesh, and was confined to my bed. In 1877 I was admitted to the hospital. The doctors said I had a hole in my lung as big as a half dollar. At one time a report went around that I was dead. I gave up hope, but a friend told me of Dr. William Hall's Balsam for the lungs. I cot about the up hope, but a friend told me of Dr. withau Hall's Balsam for the lungs. 1got abottle, when to my surprise, I commenced to feel better, and to-day I feel better than for three years past.

Another Physician's Testimony.



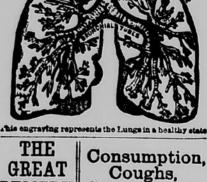






DOSE CUP & CORK-SCREW, busic corr & cosk-sockew, the invalid's boon and nurse's delight will **GIVEN FREE** as a premium be **GIVEN FREE** as a premium HARLTH MONTHLY to those sending trial subscription. The Dosk CUP only 4 letter stamps for a 3 months trial subscription. The Dosk CUP on measures accurately one drachm and prevents breaking corks and knife-biades; the Health Monthly prevents biades; the Health Monthly prevents human ills. Address M. Hill, PUB.





STRICTLY PURE

HARMLESS to the MOST DELIGATE.

EN'S LU

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REMEDY Colds, Croup, THROAT and LUNG FOR AFFECTIONS. CURING

It Contains no Oplum in Any Form.

Recommonded by Physicians, Ministers and Nurses. In fact by everybody who has given it a good trial. At never fails to bring relief.

Caution .- Call for Allen's Lung Balsam, and shun the use of all remedies without merit. As an Expectorant it has No Equal!

FOR SALE by all MEDICINE DEALERS.





000. They will resume. Druggists say that Lydia E. Pinkham's Vegetable Compound is the best remedy for female complaints they ever heard of.

Gen. Thomas F. Wildes, of Ohio, died of an overdose of laudanum, taken to relieve

Buchupaiba."

pain.

Quick, complete sure, all annoying Kid-ney, Bladder and Urinary Diseases. \$1. Druggists.

The head of Indian river is President Arthur's ultimate stopping place in Florida. He will spend three weeks there fishing.

It is seldom that you will feel unwell or suffer from indigestion if you use Brown's Iron Bitters.

Allen's "Iron Tonic Bitters" is the best Alien's "fron Tonic Bitters' is the best spring tonic in existence. It tones the liv-er, purifies the blood, creates a healthy ap-petite, aids digestion, eures dyspepsia, and gives vicacity and buoyancy of spirits. Prepared by J. P. Aller, St. Paul, Minn. Millions of packages of Diamond Dyes have been sold without a single complaint. Everywhere they are the favorite Dyes.

Dose Cup. Advertisement in another column

Dose Cup. Advertisement in another column Personal-Men Only. The Voltaic Belt Co., Marshall, Mich., will send Dr. Dye's Celebrated Electro-Voltaic Belts and Electric Appliances on trial for thirty days to men tyoung or old who are afflicted with nervous debility, lost vitality and kindred troubles, guaranteeing speedy and complete restoration of health and manly vigor. Address as above. N. B.-No risk is incurred, as thirty days trial is allowed. Sufferers from Coughs, Sore Throats, etc., should sty "Brown's Bronchial Troches."